



BRAZILIAN GYMNASTICS FEDERATION

REVERBERATIONS AND SHARED MANAGEMENT IN THE GFA IN GOIAS: THE CASE OF THE CIGNUS GROUP

Michelle Ferreira de Oliveira

Lidia Acyole de Souza

Eliana de Toledo

Group: Cignus

Brazil is divided into 26 federative units classed "States", plus the Federal District. When they are grouped by geographic analysis, they constitute the 5 regions of the country. One of them being the Middle-West region (with 3 states) which is the focus of this study. Due to its cultural and historical characteristics, each state of this region has a unique trajectory in the gymnastics promotion and in the Gymnastics For All (GFA) consolidation. The goal of this study is to identify, analyze and propose solutions for the challenges of GFA implementation in this countries' central region which, according to historical sources, has neither tradition nor many initiatives aimed at this mode of gymnastics. The research method chosen was the bibliography, from works (books and chapters), manuscripts (database SBU, Scielo, Google Scholar) and publications in the Book of Abstracts of a specific event that promotes GFA (www.forumgpt.com - 8 event editions), characterizes this study as a literature review. The keywords used were general gymnastics, gymnastics for all, and middle-west. The first result showed that the Cignus GFA Project has an interesting influence in that region. Cignus, which flourished in 2010, uses the Grupo Ginástico Unicamp theoretical reference (OLIVEIRA et al, 2016), a conceptual perspective based on the theoretical premises of Maturana and Rezepka (GRANER, PAOLIELLO, BORTOLETO, 2018) and human formation. Currently, the Cignus project has its roots in the regional and national GFA scenario through the federalization of the group and it's subgroups, as well as all participants of variable ages together with the state federation (Goiás Gymnastics Federation). It is important to emphasize that over several years, the Universities played a fundamental role in the construction of the GFA proposal in Goiás' state. Extension activities, such as projects and events, were the main paths taken by teachers and coaches of the gymnastics discipline and the creation and maintenance of na event called "Congresso de



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Ginástica para Todos e Dança no Centro-Oeste. As of the 2019 edition, it is being articulated by researchers and teachers from different Brazil's regions. Based on this bibliographical research we identified that there was a huge fragile scenario Regarding the promotion of GFA in the middle-west region, especially due to the lack of historical trajectory of this modality and little encouragement of these kinds of activities and studies by the state federations. However, since the 1990s projects and initiatives have emerged, mostly from the Universities (in partnership with other organizations), both in curricular and extracurricular contexts (projects, courses, events, etc.). The challenges for the dissemination of GFA in the middle-west region of the country also go through primary aspects such as the difficulty of conceptual understanding of GFA (OLIVEIRA et al, 2017), the still small amount of people practicing the different modalities of gymnastics; and finally, the climatic condition. The climatic condition (marked by two seasons defined by intense rain or heat time) compromises many indoor, but more so outdoor practices, including those requiring a large area. We conclude that there are so many actions to be done for the implementation of gymnastics and GFA in Brazil's central region, and we consider importante for the consolidation process of this modality some "sine qua non" points such as: better federative organization, expansion of the dialogues between the each states Universities, expansion of relations with other states through their Universities that already have the modality consolidated in their curriculum, coaching specialization in GFA, formation of GFA groups involved in social intervention, and conducting studies and gymnastics researches in this region. This work aims to contribute to the diffusion of GFA and its practice in diverse regions.

Keywords: Gymnastics for All; Brazilian Gymnastics; Gymnastics Challenges.